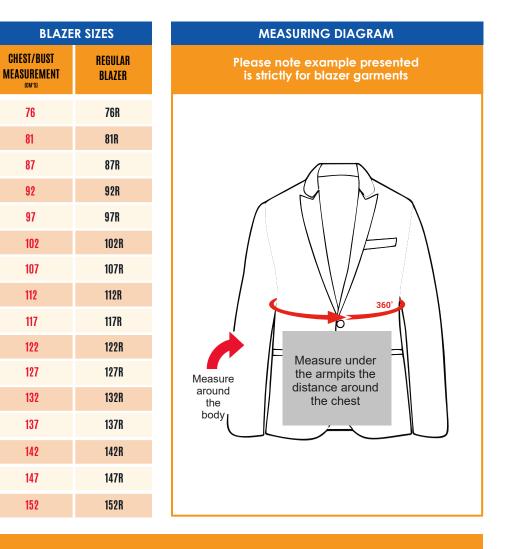
HOW TO MEASURE

SIZES	TRACKSUIT TOP	TRACKSUIT PANTS		MENS GOLFER	LADIES GOLFER	TSHIRT	LONG SLEEVE TSHIRT	
	1/2 CHEST (CM)	1/2 WAIST RELAX (GM)	LEG LENGTH (CM)	1/2 CHEST (GM)	1/2 CHEST (CM)	1/2 CHEST (CM)	1/2 CHEST (GM)	SLEEVE LENGTH
22	-	-	-	34,5	30	34,5	34,5	59
24	41	27	-	37	32	37	37	60
26	44	28,5	-	39	34,5	39	39	61,8
28	47	30	98	42	37	42	42	65
30	50	31,5	100	44	39	44	44	67
XS	54	32	101	48	42	48	48	69,2
S	57	35	105	52	44	52	52	70,3
М	60	38	106	55	48	55	55	73
L	63	41	108	59	52	59	59	77
XL	66	44	111	62	55	62	62	77,5
2XL	69	47	113	65	59	65	65	81
3XL	72	50	114	69	62	69	69	82
4XL	75	53	117	72	65	72	72	84
5XL	78	56	118	76	69	76	76	86

SIZES	BAGGY SHORT	HOODIE	MENS RUN VEST	LADIES RUN VES	SKI PANTS		MEASURING DIAGRAM	
	1/2 WAIST (CM)	1/2 CHEST (CM)	1/2 CHEST (CM)	1/2 CHEST (CM)	1/2 WAIST (CM)	1/2 HIP (CM)		
28	28,5	40,5	-	-	26	34	HALF CHEST	
30	30,5	49,5	-	-	27,5	36	FULL CHEST	
XS	32,5	52,5	-	-	30,5	38	GARMENT LYING FLAT	
8	34,5	55,5	47	46	32	42	MEASURE ACROSS CHEST FROM SEAM UNDER EACH ARM	
М	38,5	58,5	53	52	33,5	44	(FRONT & BACK FOR A FULL CHEST)	
L	41,5	61,5	55	54	35	46		
XL	44,5	64,5	63	59	36,5	58		
2XL	46,5	67,5	67	62	38	60		
3XL	49,5	70,5	-	-		-	ELASTIC WAIST HALF WAIST WAIST RELAXED	
4XL	52,5	73,5	-	-	-	-	GARMENT LYING FLAT UNSTRETCHED WAIST	
5XL	55,5	76,5	-	-	-	-		
		086 1 EM	CONTACT US ON: 92 6776 / +27 12 48 AIL: INFO@XCO.CC WWW.XCO.CO.ZA	0.ZA	PLEASE NOTE: TO FIND SIZE, COMPARE MEASUREMENT WITH A SIMILAR GARMENT AT HOME THAT FITS YOU WELL (PLACE GARMENT ON A RAT SURFACE WHEN MEASURING)		GARMENT LYING FLAT UNSTRETCHED WAIST	



If you don't have a soft tape measure, use a string: measure under the armpits going around the fullest part of the chest marking the length on the string then measure the length of string on a regular tape measure.



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